

Practice News

Newsletter Summer 2015

65 Wellington Road, Bournemouth, Dorset, BH8 8JL

t 01202 292030 | e reception@charminsterdental.co.uk | w www.charminsterdental.co.uk



CHARMINSTER HOUSE
DENTAL PRACTICE

Welcome to our yearly newsletter

This is a great opportunity for us to keep you up to date with the latest news and developments at Charminster House Dental Practice...



Refurbishment Works

Well, the works have now started and surgery 2 and the DHE room are looking somewhat different to what they did a few days ago! Each surgery will be completely kitted out with a new chair, cabinetry and flooring. We have had great fun choosing our colour scheme and are looking forward to the end result in a couple of weeks time! Samir has ordered a new high-tech microscope and camera which will be hugely beneficial in his root canal treatments. He will also be able to show you your teeth on a monitor to assist in your treatment planning.

The next job will be the re-decoration of the reception area over the next couple of months. We receive lots of comments about the homely feel of the practice and this is something that we certainly don't want to lose. Our planned works will be in keeping with the existing decor but the end result will look a lot fresher and smarter.



We have also commissioned some new signage for the practice which should be in place within the next few weeks, and you may have already noticed our new flags and the awnings at the front of the building? You certainly won't be able to miss us next time you visit!

Training and Education



Saffina has been lecturing to other dental professionals in the area about hygiene treatments and periodontal disease and has just returned from a conference in Hamburg. Saffina enjoys lecturing and we are hoping to start monthly study clubs for other dentists in the very near future.

Samir has just completed his second year of his masters in root canal treatments. He is ready to embark on his final year in the next few weeks, so there will be plenty of studying and reading about the ins and outs of root canals! Rather him than us!!

Sophie will soon be embarking on a dental health education course as well as a qualification in dental radiography. Once qualified she will be able to join our team of dental health educators and radiographers so that we can offer more flexibility with appointments.

You can rest assured knowing that all members of staff carry out regular training in all aspects of their work. We carry out monthly training sessions as well as holding regular practice meetings to ensure you receive the best standard of care possible.

Air Flow



We are now proud to offer the new stain removing treatment Airflow. This is a hygiene treatment which involves projecting a jet of compressed air, water and fine powder particles onto the surface of the tooth to polish the surface and remove coffee/red wine/tobacco staining. This will be offered as a separate service to your routine hygienist appointment and will concentrate purely on stain removal. Please contact reception if you would like any more details.

Facebook & Twitter



Due to patient requests, we have a Facebook and Twitter page. 'Follow us' or 'like us' to receive our blog which will be written by the staff at the practice on a regular basis.

We hope to keep you up to date with new developments in dentistry as well as staff news and community events. You can link to us through our website www.charminsterdental.co.uk

We value your continued support and look forward to seeing you at your next appointment

Children's Dental Health Open Day

Last February we had our first ever children's dental health open day. We opened our doors to children of all ages and performed fun experiments, talked about hidden sugars and carried out tooth brushing demonstrations.

We had excellent feedback and all the children went home with a goody bag. Well done too to Lara and Amelia who won our colouring competition! We are hoping this will be an annual free event so please contact the practice if this is something you and your children would like to attend in the future.



Patient Satisfaction Surveys

During the month of October we will be asking everyone who attends the practice to complete a short survey regarding recent treatment as well as a chance to give us your opinion about the care we provide. This will help us to continue with what you are happy with, but also improve our service to you. We appreciate that your time is precious and in exchange for a completed questionnaire we would like to give a free toothbrush as a thank you!

Mouth Cancer Awareness Month

Mouth cancer is on the increase affecting more than 6500 each year and claiming over 2000 lives. Professional check-ups and regular self-examinations are the best route to early detection of mouth cancer. Early diagnosis saves lives, improving survival chances from just half of cases to more than 90%.



Early warning signs include ulcers which do not heal within three weeks, red and white patches in the mouth and unusual changes in the mouth. During your patient examination the dentists always carry out a full soft tissue check as well as checking your dentition, however it is also important that you check your own mouth on a regular basis too. Any areas of

concern can be immediately referred for further investigations. Please speak to your dentist at your next appointment for further advice about self-examinations.

During the month of November we took part in mouth cancer action month organised by the British Dental Health Foundation. The practice was decorated in blue, staff sold sugar-free cakes and biscuits each week, we organised a sponsored walk, dressed in blue for Blue Wednesday (including blue hair and lipstick) and Clive even washed cars in exchange for a donation. We would like to thank all the patients who donated and helped us to raise a staggering £352 for this really worthwhile and important cause.

Staff Changes

We would like to welcome Lisa to our team who has now been with us since November last year. Lisa has settled into the practice very well and is a great asset to our team. She will be starting her Diploma in Dental Nursing this month.

It is with regret that Tracey who has nursed with Clive for the last 15 years has now left Charminster House. She has secured another dental nursing position nearer to her home and although she will be greatly missed, we wish her all the happiness in her new job.

As from the end of this month Clive will be changing his days from a Thursday and Friday morning to a Monday all day. We have had a vast increase in periodontal referrals over the last year or so and therefore Clive will now be able to offer afternoon appointments and Saffina will be working an extra day. Samir will continue to work every day (except every other Wednesday when he is on his course in London) and Elena will also be keeping the same hours.



Saffina Nanji



Samir Jivraj



Clive Nicholls



Elena Cheshankova

Charminster House Dental Practice,
65 Wellington Road,
Bournemouth,
Dorset, BH8 8JL

t 01202 292030

e reception@charminsterdental.co.uk | **w** www.charminsterdental.co.uk

We value your continued support and look forward to seeing you at your next appointment